

## LISBON'S TOP TASTIEST PIT-STOPPS IN TOWN

### *Ten eateries for a unique taste of Lisbon*



**3<sup>rd</sup> December 2014** – From traditional Portuguese dishes to modern creations, the Portuguese capital is home to an array of eateries with a difference, and can surprise even the most well travelled of foodies.

Below is a list of ten eateries in Lisbon which offer that something unique:

- **Belcanto:** Having been awarded its second Michelin star last month, Belcanto is a haute cuisine restaurant managed by prestigious Portuguese Chef José Avillez. Guests can enjoy new Portuguese cuisine in a sophisticated atmosphere that still provides the former romance of the Chiado district, where the restaurant is located.  
[www.belcanto.pt](http://www.belcanto.pt)
- **D’Bacalhau:** No visit to Lisbon is complete without trying one of the many ways cod is prepared and D’Bacalhau, located in Parque das Nações, gives diners a wide choice of options: grilled (“bacalhau á brás”), with cream (“bacalhau com natas”), with a touch of olive oil (“bacalhau à lagareiro”)... [www.restaurantebacalhau.com](http://www.restaurantebacalhau.com)
- **Bica do Sapato:** This is Lisbon’s hippest restaurant to see and be seen. Located in a renovated riverfront warehouse in front of Santa Apolonia train station, it features contemporary Portuguese dishes in a minimalist setting. [www.bicadosapato.com](http://www.bicadosapato.com)
- **Ministerium:** A three-in-one bar, restaurant (*cantina*) and a night club. Featuring a wide variety of sandwiches, steaks, salads, cheeses and desserts, Ministerium Cantina’s Chef Nuno Bergonse combines “youth” and “ambition” in his creations. At weekends, chairs and tables are removed to welcome the best local and international DJs and their electronic beats. [www.ministerium.pt](http://www.ministerium.pt)
- **Duetos da Sé:** Gastronomy and arts meet at this restaurant located next to Lisbon’s Cathedral (Sé). While enjoying the eatery’s tapas-style snacks and its Portuguese



mains, guests can take great delight in piano recitals, and jazz and *fado* performances, amongst other activities. [www.duetosdase.com](http://www.duetosdase.com)

- **The Decadente Restaurante & Bar:** One of the most popular restaurants in Lisbon for both locals and visitors alike, offering brunches, lunches and dinners. It specialises in serving affordable, locally produced fare in a cosy dining room. Furniture from the 70s, design magazines from that decade, soft music and charming staff all add to the charm. [www.thedecadente.pt](http://www.thedecadente.pt)
- **Flores do Bairro:** This is a bistro-style eatery that reinterprets regional Portuguese cuisine in a quirky but refined way. The restaurant, located on the ground floor of Bairro Alto Hotel, offer great views of Luís de Camões Square and Rua das Flores, right in the heart of Lisbon. [www.bairroaltohotel.com](http://www.bairroaltohotel.com)
- **Maria da Mouraria:** One of the best ways to grasp Lisbon's culture is by having a truly Portuguese meal while witnessing a *fado* performance. This restaurant and *fado* house is located in the former house of Lisbon's first *fado* singer, Maria da Severa, and offers pure Portuguese food and *fado* performances. [www.mariadamouraria.pt](http://www.mariadamouraria.pt)
- **Mini Bar Teatro:** This is Chef José Avillez's first gourmet bar in Lisbon. Located in São Luiz Theatre (Chiado), its menu features cocktails, wines, beers as well as varied gastronomic experiences full of flavour. [www.minibar.pt](http://www.minibar.pt)
- **Confeitaria de Belém:** Located close to the landmark Jerónimos Monastery, this bakery, famous for its *pastéis de Belém*, is a must on any Lisbon trip. Legend has it, only three people in the world have the original recipe for these sweet egg-custard tarts, dusted with cinnamon and sugar. The tradition at the bakery is that the tarts should be eaten in pairs. [www.pasteisdebelem.pt](http://www.pasteisdebelem.pt)

Direct flights to Lisbon operate from London, Manchester, Liverpool, Edinburgh and Bristol with TAP Portugal, BA, easyJet and Ryanair.

For more information on restaurants in Lisbon please visit [www.visitlisboa.com](http://www.visitlisboa.com).

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### **About Lisbon**

Portugal's national capital, Lisbon, boasts one of the longest histories, warmest climates and bustling nightlife of any major European city alongside its dramatic location sprawled along seven hills overlooking the river Tagus and Portugal's west coast. Famed for its year-round sunshine and beauty, Lisbon's grand architecture dazzles and its old-world charm mingles with chic streets, galleries, lively nightlife and a centre which gives way to sandy beaches just minutes away. It also one of the most affordable capitals in Europe, perfect for a captivating city break or short haul escape.

[www.visitlisboa.com](http://www.visitlisboa.com)

### **About Turismo de Lisboa**

Turismo de Lisboa is a non-profit organization established through an alliance of public and private bodies operating in the tourist sector. It now has around 700 associated members. Since its inception in 1998, the main objective of this association is to improve and increase the promotion of Lisbon as a tourist destination and therefore enhance the quality and competitiveness of the city.