

## LIVING IN LISBON: THE BEST OF BOTH WORLDS!

*City life, good weather, value for money and only 20 minutes from the beach*



**20<sup>th</sup> October 2015** – City centre or the suburbs? Close to the beach or near the mountains? Modern or traditional? Living in Lisbon reflects the city's dual personality in more ways than one.

Portugal's cosmopolitan capital combines grand architecture and old-world charm with chic streets and bustling nightlife, offering something for everyone – so if you are thinking of buying a holiday home in the sun, here are four reasons why Lisbon should be on the top of your list.

### **You can live in the city...**

Are you looking for classical Lisbon? You can find a wide range of beautifully restored buildings in historic areas with all the conveniences that life in the 21<sup>st</sup> century can provide – and with dazzling views of both the city and the river as a bonus! Are you more interested in modern architecture instead? Look no further than Parque das Nações, on the banks of the Tagus River, which offers a mix of modern design, contemporary accommodation, ample open spaces and excellent transport facilities to the city centre, the airport and further afield. Wherever you live, you are never far away from great food (modern restaurants happily 'coexist' with the local tascas), while options for entertainment and nightlife abound.

### **...or you can choose to live *close* to the city**

If you are not a city person, the Lisbon region offers a range of choices for those who prefer to live outside the capital. UNESCO-protected Sintra and beach heaven Cascais, to the north, and seaside Sesimbra and green Arrábida, to the south, are all linked to Lisbon with fast motorway links and are excellent choices for anyone who appreciates life a little closer to nature. Only 20 minutes from the city centre and you can find golden sandy beaches and sheltered bays – but just as easily you can head up on the mountains or visit the region's superb National Parks. There are plenty of outdoor activities on offer, with water sports, golf, hiking and horse-riding among the most popular.

### **Your pound stretches much further**

Lisbon is a city where you can spend a little but do a lot. According to the Post Office's annual City Costs Barometre surveys, it consistently ranks among the most affordable cities in the Eurozone: dining out is inexpensive, transport is reasonably priced and many districts offer free entry to cultural attractions. A cup of cappuccino costs less than £1 (average price: €1.25)



and you will rarely pay more than €7/£5 for a cinema ticket. Even living in the city centre is very affordable, with prices for a one-bedroom apartment well below €600 (less than £450) per month.

**The weather: Never too hot, never too cold...**

Lisboetas are blessed to be living in one of the sunniest cities in Europe with a pleasant climate all year round. Portugal's capital is located in the Mediterranean climate zone, which translates to mild winters (the average day temperature is between 15 and 18 degrees Celsius) and long, warm, dry summers that rarely exceed the 28 degrees Celsius (and almost zero chances of rain). Even in the heart of winter, Lisbon gets five to six hours of sunshine daily – that is nearly three times more of 'sun' than what the northern half of Europe receives.

Direct flights to Lisbon operate from London, Manchester, Liverpool, Edinburgh and Bristol with TAP Portugal, British Airways, easyJet and Ryanair.

For more information on Lisbon please go to [www.visitlisboa.com](http://www.visitlisboa.com).

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**About Lisbon**

Portugal's national capital, Lisbon, boasts one of the longest histories, warmest climates and bustling nightlife of any major European city alongside its dramatic location sprawled along seven hills overlooking the river Tagus and the country's west coast. Famed for its year-round sunshine and beauty, Lisbon's grand architecture dazzles and its old-world charm mingles with chic streets, galleries, lively nightlife and a centre which gives way to sandy beaches just minutes away. It is also one of the most affordable capitals in Europe, perfect for a captivating city break or short haul escape.

[www.visitlisboa.com](http://www.visitlisboa.com)

**About Turismo de Lisboa**

Turismo de Lisboa is a non-profit organisation established through an alliance of public and private bodies operating in the tourist sector. It now has 713 associated members. Since its inception in 1998, the main objective of this association is to improve and increase the promotion of Lisbon as a tourist destination and therefore enhance the quality and competitiveness of the city.