



THE SAROJIN OFFERS FREE YOGA CLASSES TO CELEBRATE THE NEW YEAR



28th November 2016 – Luxury boutique resort, [The Sarojin](#), is celebrating New Year by offering free yoga classes to all guests who stay at the hotel between 16th December 2016 and 3rd January 2017. In response to the high demand for wellness activities which arises as each New Year beckons, The Sarojin's yoga classes will provide the perfect complement to the already existing wellness treatments available at its award-winning Pathways spa. What better way to end 2016 and welcome in the New Year with a "New You"!

The Sarojin's new yoga classes will be taken by qualified instructor, Gabrielle Baumann. Gabrielle lives in Switzerland and was so captivated by her own stay at The Sarojin that she asked the property's English owners, Kate and Andrew Kemp, if she could come back to offer her yoga instruction free of charge to guests of the property. As Kate Kemp explains: *"We were delighted when Gabrielle contacted us to suggest offering yoga classes. We are always looking at different ways to add value and experiences to our guests' stay at The Sarojin, and we thought yoga classes perfectly complemented our current activities."*

Whilst the yoga classes will be completely free of charge and available for all interested guests staying at the award-winning resort between 16th December and 3rd January, there will be an option to make a donation to one of the community-based projects for which The Sarojin has been highly commended in the travel industry. Well-known for its support of the Thai community, the property works very closely with a number of charities and support groups, including the Camillian Social Centre, a rehabilitation centre for inspiring young children with physical disabilities, autism and down's

syndrome. Guests interested in learning more about the local community can also join The Sarojin's "Glimpses of Local Life" excursion to gain a deeper understanding of the Thai people and their culture.

The free yoga lessons will be subject to availability and can be booked on arrival at the resort between 16th December 2016 and 3rd January 2017. Room rates during this period start at THB 12,708 per night (approx GBP 280) for accommodation in a luxurious Garden Residence for 2 persons inclusive of all day a la carte breakfast with sparkling wine and all taxes.

-Ends-

About The Sarojin

The Sarojin is beautifully set on an 11km stretch of secluded white sand beach in Khao Lak, just a 55 minute drive north of Phuket Airport, and is surrounded by five spectacular national parks and the world-famous dive sites of the Similan and Surin Islands. Designed in a contemporary Asian style, the five-star resort's 56 deluxe residences are nestled within ten acres of tropical grounds leading directly onto the beachfront. Each guest room features its own private garden and "sala" sundeck, couples' baths with waterfall showers, and plunge and relaxation pools that blend into the natural habitat. Other facilities include an attentive "Imagineer" who can create tailor-made experiences for hotel guests and complimentary use of a fully equipped fitness centre, mountain bikes, sailing catamarans, sail boats, sea kayaks and windsurfing boards. Tranquility is guaranteed as no children under the age of 10 are permitted to stay at The Sarojin.

For further information on The Sarojin, please visit: www.sarojin.com.

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