

## LISBON, WHERE YOUR POUND STRETCHES FURTHER

*Lisbon offers the best value for a city break in Western Europe according to latest City Costs Barometer by Post Office Travel Money*



**25<sup>th</sup> April 2016** – British travellers looking for their next short break should head to Lisbon. Already famous for combining old-world charm and grand architecture with an eclectic food scene and vibrant nightlife, according to the latest City Costs Barometer from Post Office Travel Money the Portuguese capital is also the cheapest city in Western Europe for a city break.

An ideal choice for budget conscious British travellers, the survey found that Lisbon offers excellent value for money, with an average cost of £135 per person for a weekend break, including 3\* accommodation for two nights, local transport, sightseeing, meals and drinks. Not only does the survey highlight costs such as return airport transfers for only £2.21, 48-hour travel cards for less than £10 and a three-course meal for two with a bottle of wine easily available for below £40, it also points out that admission to many art galleries is free or costs only a few euros, even for a top heritage attraction such as the Jerónimos Monastery.

Ideas to enjoy Lisbon without having to dig too deep into the pockets include:

- Hop aboard the No28 tram, the most popular route operated by Lisbon's nostalgic, century-old form of public transport, whose 40-minute journey crosses the oldest part of the city, the Moorish Alfama district
- Do it like a Lisboeta and head to a market – one of the city's coolest is [Mercado de Campo de Ourique](#), featuring traditional vegetable stalls and gourmet food stands, or you can go in search of vintage findings at the Feira da Ladra flea market
- Grab a [Lisboa Card](#) and take advantage of free public transport (underground, bus, trams and lifts) and free or discounted entrance to the city's most popular attractions and places of interest
- Alternatively, time your visit to iconic attractions such as the Jerónimos Monastery and Belém Tower, both protected as UNESCO World Heritage Sites, or hidden gems like the National Azulejo Museum on a Sunday, when it is free to enter



- Explore the riverfront on foot – the Tagus River is intrinsically linked with Lisbon’s history and in the recent years its waterfront has opened up, making it easy to walk from Praça do Comércio, in the heart of the city, to the centuries-old suburb of Belém
- Make the most of Lisbon’s glorious beaches, easily – and cheaply – accessible by public transport in only 30 minutes; seaside Cascais is easy to explore on two wheels (and you can rent bicycles for free!)
- Find the right spot for a selfie: Built on seven hills, Lisbon has many viewpoints – but you can also visit the Cristo Rei statue, on the estuary’s southern side, for stunning vistas of the city and the 25 de Abril suspension bridge from its (free) viewing platform
- Take in one of the city’s memorable events – you can attend for free the open air Festival ao Largo Millennium bcp and enjoy opera, ballet and classical music concerts under the stars or join in the citywide festivities for Santo António, Lisbon’s patron

For more information and ideas please visit [www.visitlisboa.com](http://www.visitlisboa.com).

Direct flights to Lisbon operate from London, Manchester, Birmingham, Liverpool, Edinburgh and Bristol with TAP Portugal, British Airways, easyJet, Ryanair and Monarch.

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### **About Lisbon**

Portugal’s national capital, Lisbon, boasts one of the longest histories, warmest climates and bustling nightlife of any major European city alongside its dramatic location sprawled along seven hills overlooking the river Tagus and the country’s west coast. Famed for its year-round sunshine and beauty, Lisbon’s grand architecture dazzles and its old-world charm mingles with chic streets, galleries, lively nightlife and a centre which gives way to sandy beaches just minutes away. It is also one of the most affordable capitals in Europe, perfect for a captivating city break or short haul escape.

[www.visitlisboa.com](http://www.visitlisboa.com)

### **About Turismo de Lisboa**

Turismo de Lisboa is a non-profit organisation established through an alliance of public and private bodies operating in the tourist sector. It now has over 800 associated members. Since its inception in 1998, the main objective of this association is to improve and increase the promotion of Lisbon as a tourist destination and therefore enhance the quality and competitiveness of the city.