

AND THE 'BEST CHEF IN THE CANARY ISLANDS' AWARD GOES TO... ADRIÁN HOTELES' CHEF RUBÉN CABRERA!

La Cúpula Restaurant's head chef receives highest accolade by respected gastronomy awards



15th February 2017 – Rubén Cabrera, Head Chef of gourmet restaurant La Cúpula, located within Tenerife's five-star <u>Hotel Jardines de Nivaria</u>, has won the 'Best Chef in the Canary Islands' award at the prestigious *¡Qué Bueno! Canarias Heineken* regional gastronomy awards. The Spanish Chef receives the highest distinction due to his constant creativity, innovation and passion for gastronomy excellence, which has made La Cúpula a must-visit restaurant for fine-diners in Tenerife.

The accolade is the latest recognition of Rubén Cabrera's impressive culinary career; as well as being the representative chef for the Canary Islands in last month's Madridfusión Gastronomy Summit, Rubén was awarded 'Best Chef' at Spain's National Gastronomy Contest for the second year in a row in 2016. He was also given the first prize in the International Creative Cuisine Competition "Gamba Roja de Dénia" in 2015.

Rubén Cabrera has been the Head Chef at <u>La Cúpula</u> since 2007. This gourmet restaurant, located on the fourth floor of Hotel Jardines de Nivaria, serves fusion food which mixes French and local Canarian cuisines, carefully prepared by the award-wining Chef and his team. The eatery, which re-opened late 2016 after a full refurbishment, boasts floor-to-ceiling windows and panoramic views over the Atlantic Ocean, making it an ideal spot for visitors to celebrate a special occasion while on their sunny holiday.

Launched in 2010, the *¡Qué Bueno! Canarias Heineken* awards recognise the best chefs, cuisines and restaurants in the Canary Islands with ten different award categories – including Best Chef. The latest awards ceremony took place in Golf Las Américas, Tenerife, on Monday 13th February.

For more information, please visit: www.hoteljardinesnivaria.com



THE HOTELS

5* Hotel Jardines de Nivaria

The five-star Hotel Jardines de Nivaria sits right next to the beach in the exclusive Playa Fañabé area of Costa Adeje. The hotel, considered one of the most luxurious in south Tenerife, combines an elegant mixture of Art-deco and Spanish traditional style enhanced by the dome that crowns the main building and represents the stars and constellations visible from the hotel during the spring equinox. The beachfront hotel offers stylish rooms; chic bars and gourmet dining; a luxury spa with beauty treatments; two lagoon pools; a fully-equipped gym; and a beautiful garden with palm trees.

5* Roca Nivaria Gran Hotel

A self-contained oasis of calm and tranquillity, Roca Nivaria Gran Hotel is the latest addition to the Adrián Hoteles portfolio. Located in the peaceful Playa Paraíso area on the southern coast of Costa Adeje, the five-star hotel features a total of 289 rooms with private terrace, an infinity pool with Balinese chill-out beds and sea views, open-air Jacuzzi and rooftop sun terrace, four restaurants and bars, and a 'mini club' for children between 10 months and 12 years old. Sports facilities include two tennis courts, a gym, archery range, beach volleyball court and sports centre.

4* Hotel Colón Guanahaní

Hotel Colón Guanahaní is a charming adults-only hotel located just 150m from the sandy beaches of Playa Fañabé. The four-star boutique, which went through a \leq 3.5 million refurbishment in late 2014, features 154 colonial-style rooms and a range of first class facilities, including a fully-equipped gymnasium; two restaurants renowned for their excellent cuisine; a wellness centre featuring a Turkish bath, Jacuzzi and sauna; two saltwater swimming pools; Balinese beds overlooking the Atlantic Ocean; and a rooftop pool with sea views and a solarium for soaking up the rays.

For media enquiries, please contact Enrique Martín at Hume Whitehead: <u>enrique@humewhitehead.co.uk</u> / 0845 498 9984.