

## NEW YEAR, NEW YOU... WITH A DIFFERENCE!

## The Sarojin introduces new 'Little Treats' wellness packages for guests





**22**<sup>nd</sup> **December 2014** – With the New Year fast approaching, <u>The Sarojin</u> resort in Thailand is inviting guests to turn over a new leaf and overcome their Christmas indulgence by kick-starting a healthier, happier lifestyle for the year ahead, with a range of new 'Little Treats' introduced at its multi awardwinning Pathways spa.

The new 'Little Treats' spa packages provide the perfect remedy for those who want to remodel themselves - body and mind - but do not fancy a bootcamp-style break. Each of the 30-40 minute treatments are designed to heal, rejuvenate and refresh - allowing guests to release the stresses of the previous year and start the New Year afresh, feeling relaxed and ready to face new ventures.

Available at The Sarojin's highly-acclaimed spa, Pathways, the expanded spa offering allows guests to dip in, share and experience this very special part of Thai culture, and unwind in tranquil surroundings as they enjoy a truly authentic wellbeing experience. Among the many 'Little Treats' offered are a Calming Head Massage; Soothing Hand, Head, Shoulder Massage; and Relaxing Back, Shoulder, Neck Massage.

For guests who want to indulge in longer rejuvenation packages, there is a huge selection of treatments to choose from, including a 'Sarojin Royal Oriental Oil Massage For Couples' which brings loved ones together. The Sarojin's team of highly-experienced Thai masseurs can also tailor treatments for women, men, couples or specific areas and issues, such as jet lag or physical ailments. Treatments can take place within the spa or amidst the natural beauty of the five-star resort's tropical gardens, secluded white sand beach or at its spectacular pool pavilions.



Designed in harmony with nature, The Sarojin's secluded Pathways spa is hidden from view by mangroves and looks out across the estuary to a deserted coconut grove and beyond to the Andaman Sea. The spectacular spa haven is privately entered by a meandering boardwalk and features double and two single treatment pavilions, with outdoor tree showers and secluded couples' baths that blend into the natural habitat, as well as a facial treatment room, a post-treatment relaxation lounging area and a stilted yoga and Tai Chi deck shaded by palms and mangrove canopy.

At Pathways, guests can enjoy a range of professional treatments where, instead of walls, they are totally surrounded by nature and can be lulled by the soothing sounds of the ocean gently lapping in the background. Using 100% natural products, treatments blend together the ancient physical and spiritual healing of spa with professional spa therapists imparting their special powers of 'Metta', which means an act of 'loving kindness' in Sanskrit Buddhist.

Rooms at The Sarojin start from THB 12,870 (approximately GBP 249) in a luxury Garden Residence with all-day à la carte breakfast with sparkling wine for two people including tax, until 15<sup>th</sup> April 2015. EVA Air offers direct flights to Thailand from London Heathrow, with return airfares from £578 per person. Book online at <a href="https://www.evaair.com">www.evaair.com</a>.

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## **About The Sarojin**

The Sarojin is beautifully set on an 11km stretch of secluded white sand beach in Khao Lak, just a 55 minute drive north of Phuket Airport, and is surrounded by five spectacular national parks and the world-famous dive sites of the Similan and Surin Islands. Designed in a contemporary Asian style, the five-star resort's 56 deluxe residences are nestled within ten acres of tropical grounds leading directly onto the beachfront. Each guest room features its own private garden and "sala" sundeck, couples' baths with waterfall showers, and plunge and relaxation pools that blend into the natural habitat. Other facilities include an attentive "Imagineer" who can create tailor-made experiences for hotel guests and complimentary use of a fully equipped fitness centre, mountain bikes, sailing catamarans, sail boats, sea kayaks and windsurfing boards. Tranquility is guaranteed as no children under the age of 10 are permitted to stay at The Sarojin.

For further information on The Sarojin, please visit: <a href="www.sarojin.com">www.sarojin.com</a>.

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